

## **Concussion**

There of course might be some swelling but logically you would have to think is it blunt trauma as they are wearing helmets or is it more of a shock to the neurons? The thing that most people don't take into consideration is the player may have a cortical or brain deficit to begin with. When I evaluate a patient I look at them neurologically and what I find is one side of the brain is healthier or stronger than the other. Not from a personality point of view but from a physiological point of view.

So when they get hit and they have a concussion that area of weakness in all likelihood would be the area affected. That is why most players should have an exam by someone like me to figure where the deficit is from the get go. I am the only one around here that understands this though. Neurologist have no clue.

Now as far as your other question what do you think the trainer knows of neuro-physiology I bet very little so what do they do rest. But is it better to have someone with a sprained ankle brace and rest it or get it adjusted back in place and move on it to allow receptors to fire and heal it faster? You have sent player to me in the past how fast did they heal when they are worked on and get normal movement back, 10 xs faster. The issue here is the medical side doesn't know or understand how to treat this condition.

But the proof is in the pudding, when it occurs you have a baseline with each player as they have had to taken some sort of test already to baseline their cognitive ability so if they have a concussion you know when they are back to their baseline. Let me have them after the md's tell you how long they are going to be out work on them and see how much faster they are able to get to baseline again. You might be amazed and then allow me to continue working with them as the more receptor potentiation their brain receives the less likely another concussion will occur.